

**Significant New Changes to MCLE Requirements and
Exploring What Fosters Lawyer Well-Being and Success***

**especially during holiday season stress*

Presenters: Catherine Ongiri, Managing Attorney, California Bar Association, Office of Professional Competence and Robin Oaks, Chair of Attorney Wellness Section, Santa Barbara County Bar Association

Date: Tuesday, December 12, 2023

Time: 12:00 – 1:00 **By ZOOM**

Cost: \$15.00

MCLE: 1 Hour Competence

JOIN US FOR THE FIRST PRESENTATION LAUNCHING THE *NEW* ATTORNEY WELLNESS BAR SECTION

For All Stakeholders: Judges, Lawyers, Law School Deans, Professors, Law Students, Law Firm Staff and Managers, Bar Associations, Regulators, Professional Liability Carriers, Legal Community Members:

In early December, as the wintertime blahs and holiday stress descend upon us, come explore fostering well-being in the legal profession, learn evidence-based practices that regulate and renew, and get updated about important MCLE changes adopted by the State Bar of California's Board of Trustees. Join with Robin Oaks, attorney and well-being coach, and Catherine Ongiri from the California Bar Association, Office of Professional Competence, to learn about the new MCLE requirements affecting all California licensed attorneys. These significant changes signal growing recognition that a broad range of competencies (Professional, Relational, Organizational, Self Skills) contribute to successful legal practice and thriving as legal professionals. Bring your *presence* to this talk, during this season of gift-giving, and create a vision for fostering well-being and wellness in our legal community.

Send check payable to:

Santa Barbara County Bar Association, 15 W. Carrillo Street, 106, Santa Barbara, CA 93101

To pay by credit card or for any questions about signing up contact: Marietta Jablonka at 805-569-5511

Contact for any questions about presentation: Robin Oaks at 805-685-6773 robin@robinoaks.com